

February 2009 at Vajravara Centre

MON	TUES	WEDS	THURS	FRI	SAT	SUN
26 RETREAT 6:30am 10:30am 4:00pm 7:30pm	27 RETREAT 6.30am 10.30am 4.00pm 7.30pm	28 RETREAT 6.30am 10.30am 4.00pm 7.30pm	29 PROTECTOR DAY RETREAT 6.30am 10.30am 4.00pm 7.30pm 7.30 General Programme	30 SOJONG DAY RETREAT 6.30am 10.30am 4.00pm 7.30pm 1.00pm Wind Down Meditation	31 January RETREAT 6.30am 10.30am 4.00pm 7.30pm 10.30am General Programme	01 February 11.00am Prayers for World Peace 2.00pm Kangso
2 4.30pm Wishfulfilling Jewel	3 4.30pm Wishfulfilling Jewel	4 4.30pm Wishfulfilling Jewel	5 4.30pm Wishfulfilling Jewel 7.30pm General Programme	6 AMITAYUS RETREAT 7:30am 10:30am 4:00pm	7 AMITAYUS RETREAT 7:30am 10.30am 10:30am General Programme 4:00pm	8 TARA DAY AMITAYUS RETREAT 7:30am 10:30am 4:00pm
9 6.30am Teacher Training Programme 4.30pm Wishfulfilling Jewel 7.30pm Teacher Training Programme	10 TSOG DAY 6.30am Teacher Training Programme 3.30pm Wishfulfilling Jewel 6.00pm Vajrayogini Tantra 7.30pm Offering to the Spiritual Guide	11 4.30pm Wishfulfilling Jewel 7.30pm Foundation Programme	12 4.30pm Wishfulfilling Jewel 7.30pm General Programme	13 1.00pm Wind Down Meditation 4.30 Wishfulfilling Jewel 7.30pm Transform Your Life	14 8:00 am Quick Path 10.30am General Programme 7.30pm Wishfulfilling Jewel	15 PRECEPTS 11.00am Prayers for World Peace 7.30 Powa Ceremony
16 6.30am Teacher Training Programme 4.30pm Wishfulfilling Jewel 7.30pm Teacher Training Programme	17 6.30am Teacher Training Programme 3.30pm Wishfulfilling Jewel 6.00pm Vajrayogini Tantra 7.30pm Teacher Training & Foundation Programme	18 4.30pm Wishfulfilling Jewel 7.30pm Foundation Programme	19 4.30pm Wishfulfilling Jewel 7.30pm General Programme	20 1.00pm Wind Down Meditation 4.30 Wishfulfilling Jewel 7.30pm Transform Your Life	21 8.00 am Quick Path 10.30am General Programme 2:00pm Sojong 7.30pm Wishfulfilling Jewel	22 Realise Your Mind (Day Course) 10:30am
23 6.30am Teacher Training Programme 4.30pm Wishfulfilling Jewel 7.30pm Teacher Training Programme	24 6.30am Teacher Training Programme 3.30pm Wishfulfilling Jewel 6.00pm Vajrayogini Tantra 7.30pm Teacher Training & Foundation Programme	25 TSOG DAY 4.30pm Wishfulfilling Jewel 7.30pm Offering to the Spiritual Guide	26 4.30pm Wishfulfilling Jewel 7.30pm General Programme	27 1.00pm Wind Down Meditation 7.30pm Transform Your Life	28 February PROTECTOR DAY 8:00 am Quick Path 10.30am General Programme 2:00pm Kangso	1 March 11.00am Prayers for World Peace 7.30 Powa Ceremony

