

# What's On - January 2012 at Vajravaraahi Centre

Drop in Meditation classes = General Programme

WFJ = Wishfulfilling Jewel

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>30</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>4pm WFJ</p>	<p><b>31</b> Vajrayogini retreat ends Quick Path with tsog offering 10.30am</p> <p>4pm WFJ</p> <p>6pm Foundation Programme</p>					<p><b>1</b> Tara chanting sessions 3.30am, 7.30am 11.30am</p>
<p><b>2</b> 6.30 am Quick Path</p> <p>4 pm WFJ</p>	<p><b>3</b></p> <p>4 pm WFJ</p>	<p><b>4</b></p> <p>4 pm WFJ</p> <p>7.30pm Vajrayogini retreat begins: Quick Path with Tsog offering</p>	<p><b>5</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>4pm WFJ</p> <p>7.30 pm Drop in Meditation Class</p>	<p><b>6</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>1pm Wind Down Meditation</p> <p>4pm WFJ</p>	<p><b>7</b></p> <p><b>10 am to 4pm Guided meditation retreat on Modern Buddhism Sutra</b></p> <p>10.30 Drop-in Meditation</p>	<p><b>8</b></p> <p><b>10am to 4pm Guided meditation retreat on Modern Buddhism Sutra</b></p>
<p><b>9</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>4pm WFJ</p>	<p><b>10</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>4pm WFJ</p> <p>7.30 pm Offering to the Spiritual Guide</p>	<p><b>11</b> 6.30 am Quick Path</p> <p>4pm WFJ</p>	<p><b>12</b> 6.30 am Quick Path</p> <p>4pm WFJ</p> <p>7.30pm Drop in Meditation Class</p>	<p><b>13</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>1 pm Wind Down Meditation</p> <p>4pm WFJ</p>	<p><b>14</b></p> <p><b>10am to 4pm Guided meditation retreat on Modern Buddhism, Tantra</b></p> <p>10.30 Drop-in Meditation</p>	<p><b>15</b></p> <p><b>10am to 4pm Guided meditation retreat on Modern Buddhism, Tantra</b></p>
<p><b>16</b> 6.30am Quick Path</p> <p>4pm WFJ</p>	<p><b>17</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm 4pm WFJ</p> <p>6pm Foundation Programme</p>	<p><b>18</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>4pm WFJ</p>	<p><b>19</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>4pm WFJ</p> <p>7.30 pm Drop in Meditation Class</p>	<p><b>20</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>1 pm Wind Down Meditation</p> <p>4pm WFJ</p>	<p><b>21</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>10 am Foundation Programme</p> <p>10.30 Drop-in Meditation</p>	<p><b>22</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>11 am Prayers for World Peace</p> <p>4pm WFJ</p>
<p><b>23</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>4pm WFJ</p>	<p><b>24</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>4 pm WFJ</p> <p>6pm Foundation Programme</p>	<p><b>25</b> 6.30 am Quick Path</p> <p>4 pm WFJ</p> <p>7.30 pm Offering to the Spiritual Guide</p>	<p><b>26</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>4pm WFJ</p> <p>7.30pm Drop in Meditation Class</p>	<p><b>27</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>1pm Wind Down meditation</p> <p>4pm WFJ</p>	<p><b>28</b> Vajrayogini retreat 6.30am, 10.30am, 4pm 7.30pm</p> <p>10am Foundation Programme</p> <p>10.30am Drop in Meditation</p>	<p><b>29</b> Vajrayogini retreat 6.30am, 10.30am,</p> <p>11am Prayers for World Peace</p> <p>2pm Kangso</p>